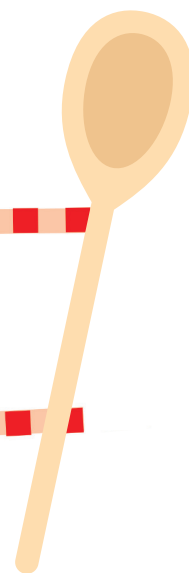




ShopRite



KIDZ COOK



Recipe of the Week!

TAKE ONE HOME AND TRY IT YOURSELF!

Color-Changing Lemonade

Ingredients for one serving:

- 1 ½ cups boiling water
- 1 tbsp dried butterfly pea flowers
- Ice cubes
- 1 tbsp honey (or more to taste)
- 2 tbsp freshly squeezed lemon juice (1 lemon)

Instructions:

1. Boil water and pour 1 ½ cups into a mug.
2. Add butterfly pea flowers and steep for 4-8 minutes, then scoop out flowers (or use a tea strainer).
3. Allow the tea to cool.
4. Juice 1 lemon into a glass.
5. Into the lemon juice, add honey (and salt if using) and stir until dissolved.
6. Add ice to fill the glass halfway.
7. Pour cooled tea over ice into the lemon juice. Stir and watch the tea turn bright purple!
8. Add sprigs of mint or slices of lemon for garnish if using. Enjoy!

Enjoy!

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